

Performance Coaching

Workplace Learning

Training code	CGAPERFCID
Spoken Language	<?php?> English
Language Materials	English
Price	€1.900,00 excl. VAT No extra costs.

What is Performance Coaching

Performance Coaching is a 1-on-1 training tailored to your needs, aimed at those who want to make an impact with their story, boost their presentation skills, improve their stage presence, and stand in front of an audience with more confidence and conviction. The coaching focuses on the HOW of your story, including the use of words, voice, attitude, non-verbal behaviour, stress management, and authenticity. You will receive 6 hours with an expert coach, which can be divided over multiple sessions within a maximum of 3 months.

Who should attend Performance Coaching

For every professional who wants to get the best out of themselves and others every day, such as:

- Team Leaders: Improve your team communication.
- Sales Representatives: Enhance your client presentations.
- Public Speakers: Boost your stage presence.
- Teachers: Engage your students more effectively.
- Managers: Lead your team with more conviction.

Prerequisites

No specific prerequisites are required for this training. It is suitable for anyone looking to improve their presentation skills and stage presence.

Objectives

At the end of the training, you will be able to:

- Be aware of all aspects of performance.
- Build on and improve your presentation skills.
- Work on self-confidence to take the stage.
- Understand how to deliver your story with more impact.

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An organization, like ours, helps people and their organizations day by day to get the best out of themselves and each other. We prepare them to defy tomorrow's challenges. We stimulate learning and curiosity. In order for individual IT professionals and their employers, to build better, longer and more intensive relationships. For mutual benefit.

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